

SITE SAFETY PLUS

Construction site safety

B: Health and welfare



GE700B
OFFICIAL CITB
PUBLICATION 2020



Published by CITB, Bircham Newton, King's Lynn, Norfolk PE31 6RH

© **Construction Industry Training Board 1982**

First published in 1982 as GE700 (A4 ring binder x2)

Republished in 2013 as GE700B (A4 book)

Revised 2014, 2015, 2016

Reprinted Jan 2017, Dec 2017

Revised Dec 2018, Dec 2019

ISBN 978-1-85751-506-0

SSP, SMSTS, SSSTS, HSA, DRHS and SEATS are all registered trade marks of the Construction Industry Training Board

CITB is registered as a charity in England and Wales (Reg No 264289) and in Scotland (Reg No SC044875)



CITB has made every effort to ensure that the information contained within this publication is accurate. Its content should be used as guidance only and not as a replacement for current regulations, existing standards or as a substitute for legal advice and is presented without any warranty, either expressed or implied, as to its accuracy. In no event will CITB be liable

advice and is presented without any warranty, either express or implied, as to its accuracy. In no event will CITB be liable for any damages arising from reliance upon its content.

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior permission in writing from CITB save that it may be read and saved by the original recipient, for whose private use it was originally intended.



CONTENTS



Health and welfare

01	Management of health	1
02	Welfare facilities	15
03	Stress and mental health at work	27
04	Drugs and alcohol	37
05	First aid	57
06	Personal protective equipment	71
07	Control of substances hazardous to health	97
08	Lead	119
09	Asbestos	133
10	Dust and fumes (Respiratory hazards)	161
11	Noise	175
12	Vibration	189
13	Manual handling	201
	Index	213

